



### **3 FUNDING**

Peter reminded the group how important it was that we get more money for the group to develop and do all the activities it wants like produce publicity to help get more members, training for volunteers, go to conferences and organise a big launch event in the autumn. Some fundraising ideas were discussed.

### **4 LAUNCH EVENT**

To make sure we give ourselves enough time to plan this event properly, everyone agreed we needed to arrange a date soon and get a suitable venue booked. Ince Town Hall was suggested as a venue. Julie agreed to check the availability of Ince Town Hall for some possible dates in November. Once we have a date agreed and a venue booked, then we start planning and organising all the other arrangements, including seeing if we can get a celebrity to come along. This should also help us to get some good publicity from newspapers and local radio stations. It was agreed we need to discuss this more at the meeting next week.

### **5 HEALTH MATTERS**

Les and Sarah have previously explained to the group about what is happening locally to improve health issues for people with learning disabilities. They are also keen to find out from self advocates about the issues that are important to them and to find ways of working with them on health topics that are a priority for them. Les and Sarah have come up with six broad topic areas that they hope can act as a starting point for discussion with self-advocates. This will help them to identify the important topics and areas of interest for self-advocates. Sarah explained each of the following six areas in turn.

- 1) Maintaining good health – diet, exercise and lifestyle
- 2) Medical conditions / Medical procedures
- 3) Signs and symptoms of illness – when to seek advice
- 4) Accessing health care
- 5) Basic anatomy
- 6) Sexuality / sexual health

Different ways of working with people were discussed, including the use of drama to illustrate health issues and aid understanding. Les and Sarah are working on making the six topic areas more accessible to discuss further with self-advocates and will report back at future meetings.

Everyone agreed this was an important area of interest and self-advocate members of the group were already responding enthusiastically. Les and Sarah were thanked for their input so far and it was hoped they could continue to work

with the group and attend advocacy meetings regularly to report on progress on this important topic area.

**DATE/TIME OF NEXT MEETING**

Wednesday 13<sup>th</sup> June, 2.0-4.0pm at Wigan Family Welfare, Ridyard Street, Platt Bridge.